 

**The survey results**

In the survey participated 58 children from Kaunas Nursery-kindergarten “Pagrandukas” Lithuania. Children's votes on these questions were divided as follows:

1. Do you think it is important to spend time outdoors?
2. Yes 100% b) No
3. How often do you spend your time outdoors?
4. 0-1 hour 9% b) 1-2 hours 43% c) 3 and more 48%
5. Do you like doing outdoor activities?
6. Yes 100% b) No
7. Do you prefer team or individual sports?
8. team sports 85% b) individual sports 15%
9. How much time do you spend playing outdoors on weekdays?
10. 0-1 hour 3% b) 1-2 hours 42% c) 3 and more 55%
11. How much time do you spend playing outdoors at the weekend?
12. 0-1 hour 3% b) 1-2 hours 22% c) 3 and more 75%
13. What would you prefer: playing computer games or doing outdoor activities with your friends?
14. playing computer games 27% b) doing outdoor activities with my friends 73%
15. How many outdoor activities do you know?

a) 1-5 activities 56% b) 6-10 activities 44% c) 11 and more

1. If I have free time, I usually meet my friends and we do some outdoor activities.
2. True 90% b) False 10%
3. I’m never bored when I do outdoor activities with my friends.
4. True 94% b) False 6%
5. I can make up my own outdoor games.
6. True 89% b) False 11%
7. Is it easy for me to find someone to play outdoors with?
8. Yes 66% b) No 34%
9. Do my friends invite me to play outdoors with them?
10. Yes 85% b) No 15%
11. Is it easy for you to find a proper place to do outdoor activities after you finish your lessons?
12. Yes 70% b) No 30%
13. What are the most popular after school outdoor activities among your classmates?

Football, basketball, hide and seek, chase, tails, day-night, police, games with a ball, walk in the park, hiking, playing superheroes, games with sand, riding with bicycle.

1. Have you learned any new games/activities during the project?
2. Yes 100% b) No

Comparing the initial and final surveys, we obtained the following results.

If in the initial survey, 79% of children thought it was important to spend time outdoors, at the end of the project 21% of children changed their opinion and now everyone thinks it is very important. At the beginning of the project, according to the survey, children spent less time outdoors. Only 28% of the children spent 3 or more hours outdoors, and at the end of the project, even 48% of the children. Only 85% of children chose outdoor activities, now 100% of children choose outdoor activities. Having learned more fun games, team games would now be chosen by 16% more children than at the beginning of the project - (85% of children).

At the beginning of the project, 13% of children spent 0-1 hour outside on weekdays, 31% spent 3 or more hours, and now only 3% of children spend 0-1 hour outside, 55% of children spend 3 or more hours outside. Almost the same percentage of children spend 1-2 hours outdoors before and after the project. At the beginning of the project, 36% of children spent 0-1 hour outside on weekends, 11% spent 3 or more hours, and now only 3% of children spend 0-1 hour outside, and 75% of children spend 3 or more hours outside. Almost the same percentage of children spend 1-2 hours outdoors before and after the project. Comparing the responses of the surveys, children being outside for 1-2 hours on weekends, the amount of time spent outside decreased by 18%. After reviewing the results of the survey, it can be concluded that at the beginning of the project, children spent less time outdoors, and at the end of the project, the time spent outdoors increased.

At the beginning of the project, 40% of children chose computer games, and at the end of the project, this number decreased and only 27% of the surveyed children choose computer games. In response to the question of how many outdoor games children know, surveys showed that after the end of the project, 52-56% of children knew and now know 1-5 activities, 27% knew 6-10 activities, and now 44% of the surveyed children knew. So the number has increased significantly.

To the statement that if children had free time they would meet friends and play outdoor activities, at the end of the project, it was shown that 90% would choose friends and outdoor activities. This number increased by 34%. In response to the statement that children are never bored playing outdoor activities with friends, at the end of the project it was shown that 94% would choose friends and outdoor activities. This number increased by 22%. At the end of the project, it was shown that 89% of the interviewed children would not have any problems with the statement that children can create their own outdoor activities. This number has increased by 22% since the start of the project. To the question that it is easy for children to find someone to play outdoor activities with at the end of the project showed that 66% of the children surveyed would not have any problems. This number has decreased by 10% since the start of the project. At the end of the project, when asked whether their friends invite them to outdoor activities, 85% of the children surveyed chose a positive answer. This number has increased by 19% since the start of the project. To the question of whether it is easy to find a proper place to play outdoor activities, at the end of the project it was shown that 70% of the children interviewed chose a positive answer. This number has increased by only 2% since the start of the project.

The children listed what activities they play with their friends: football, basketball, hide and seek, chase, tails, day-night, police, games with a ball, walking in the park, hiking, playing superheroes, games with sand, riding with bicycle.

We can be happy that at the end of the project, the children learned new games, because when asked about forging or the children learned new outdoor activities, their answer was 100% positive.