

**Title:Stepping On Shadow**

**Objectives:**

* + - Contributes to the development of hand-eye-mind coordination
		- Contributes to the health of the child by running
		- Provides adrenalin for the child
		- Provides excitement for the child

**Materialsandequipment:** a sunnyday

**Stage 1:**This game is played outside on sunny days.

**Stage 2:**One of thechildren is choosen to be ‘’it’’.

**Stage3 :**Whoever is ‘’it’’ stands in the middle of the area and and the other children catter around ‘’it’’.

**Stage 4:**When the game starts ,the one who is ‘’it’’tries to step with his foot on the other children’s shadow while they are trying to escape.

**Stage5 :**Whoever has had his shadow stepped on then raises his hand and tell the other children that he /she is now ‘’it.’’