



The survey results.

The main aim of the research was to investigate whether the students of the partner schools spend their free time outdoors and if they do, how much time they spend playing outdoors. The questionnaire was conducted at the end of 2020, 426 took part in the survey: 52 (Poland), 87 (Lithuania), 55 (Romania), 68 (Turkey) and 164 (Spain). All participants are students of five schools taking part in the project: Szkoła Podstawowa nr 23 im. gen. Józefa Bema w Poznaniu (Poland), Kauno lopšelis - darželis "Pagrandukas" (Lithuania), ȘCOALA GIMNAZIALĂ „NICOLAE IORGA,, (Romania), Ata İlkokulu (Turkey), CEIP El Rubial (Spain). Children aged 5-9 took part in the survey. The questionnaire consists of fifteen questions, 14 closed questions, and one open question.

The results show that most students (81%) think that it is important to spend time outdoors. Over 95% of participants like doing outdoor activities and prefer doing outdoor activities with their friends that playing computer games. Children spend about 1-2 hours a day outdoors (weekdays), and about 0-1 hour at the weekends. It seems interesting that at the weekend children spend less time outdoors than during the weekdays. Students also reported that they are never bored when they do outdoor activities with their friends (79%). 82% of children can make up their own outdoor activities. When it comes to finding friends to play outdoors with, students think that they don't have any problems with it. What is more, 83% students reported that they are invited by their friends to play outdoors. It is also important to write that for 78% of pupils it is easy to find a proper place to do outdoor activities after they finish lessons. This might suggest that children have suitable conditions created to enable the outdoor activities. As for the data gathered by means of the questionnaire, children reported that the most often they play: ball games, hide and seek, play in the sandbox, ride a bike, etc.

The results show that students spend some time outdoors and they know a lot of games that they can play. They also do not have many problems with finding the friends and the place to play. Furthermore, the authors of the research is fully aware that the results of the study reported here are not generalizable.