



**Title:** Yard, sidewalk painting with colored chalk

**Objectives:**

- Will be willing to move actively;
- Relax while drawing.

**Equipment:** colored chalk, comfortable clothing.

**Stage 1:** everyone is recommended to wear comfortable, non-restraining clothing;

**Stage 2:** children choose the theme of children's drawings;

**Stage 3:** children can listen to their favorite music while drawing;

**Stage 4:** children can draw by changing the position of the body according to the agreement: squatting, sitting, lying down;

**Stage 5:** discuss with the children which body position was the most fun to draw.