



Erasmus+



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Scoala Gimnaziala
"Nicolae Iorga" comuna Grindu

Title: We're going to the park

Objectives:

- developing a habit of a body posture;
- enhancing motor coordination;
- developing children's imagination;
- developing social skills.

Equipment: balance discs or paper rings in different colours: red, yellow, green, and other.

Stage 1: It's highly recommended to play the game outdoors, however depending on the weather conditions it can also be played inside the school.

Stage 2: The teacher says: Today we're going to the park. Let's drive a car to the park!

The students sit behind the teacher, and the students use the balance discs as if they were driving a car seated at the wheel. When the teacher shows the red ring, the children stop that and how they are in front of the traffic light. When the teacher shows the green ring, the children begin to move.

Stage 3: The teacher says: a car is heading towards us, let's avoid it!

Students turn to the right to avoid the car.

Stage 5: The teacher says: we arrived in the park.

The students make movements as if they get out of the car.

Stage 6: The teacher says, a duck with buds appeared. We should try to get around it.

Stage 7: The teacher says, we got to the park and the kids come out of the discs and raise their knees up.

Stage 8: The teacher says: Look! We met a snail and the children curl up and walk like snail.

Stage 9: The teacher says: next to us two athletes pass by, let`s try to keep up with them.

Stage 10 The teacher says: Look at the tree! It is a squirrel. Children sit on the discs in the sitting position, with their arms bent and their hands at the forehead.

Stage 11: The teacher says: Look! What a beautiful bird!

Children sits on the discs in the sitting position, with their arms bent and their hands on their foreheads as if looking at the bird.

Stage 12: The teacher says, it`s time to go home but quietly because all the creatures in the park are resting. Children walk on the tops and urge to be quiet..

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