



Erasmus+



Save your
environment,
save your future



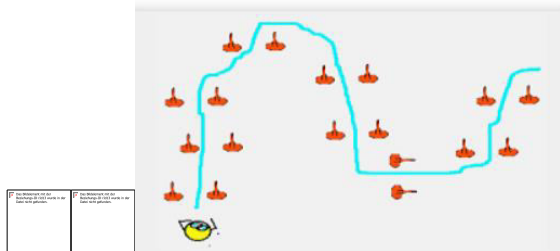
TITLE: SKATING

OBJETIVES:

- To use and be aware of the action spaces
- To learn how to use their body balance.
- To enhance self-confidence, collaboration and support among colleagues, civic responsibilities, knowledge of traffic rules..
- To awaken the child's imagination and abilities
- To stimulate the child's interest in a new activity, that might result in a leisure activity, so the child might have fun while learning
- To create awareness of a healthier means of transport

MATERIALS: skates, scooter or bike

GAME 1: Design a circuit with cones and go around it. Do several rounds



Game 2: go around de playground in a single file following the leader



GAME 3: THE WHEELBARROW.

Skate in pairs. One child is in front and the other behind. Firstly, the child behind pushes the one in front, later they change places. The child in front stands still with his/her feet in parallel, while the one behind is guiding and directing the one in front.

